



Composite (Resin Bonded) Fillings:

- Children should be observed until the anesthetic wears off.
- Due to the strange feeling of the anesthetic, many children will chew the inside of their lips, cheeks or tongue, which can cause serious damage.
- Avoid hot drinks or foods until the numbing is gone. Sensitivity, especially to cold, is common following a dental restoration. The sensitivity may last several days to several months depending on how deep the cavity penetrated your tooth.
- The gum tissue may have been irritated during the procedure and may be sore for a few days. The site where the anesthetic injection was given may also be sore for a few days.
- Please follow prescribed oral hygiene instructions-45 degree angle brushing twice a day and flossing once a day to avoid getting a cavity or gum disease around the filling.
- The finished restoration may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.

If your bite feels uneven, or if you have any other questions or concerns, please call our office at **703-956-9444**

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