

Children's Extraction Post-Op Instructions

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Extraction Post-Operative Instructions

- Have your child bite on the provided gauze until bleeding is controlled, which may take up to 30 minutes.
- Administer children's Tylenol or Motrin for any discomfort.
- Do not allow your child to participate in strenuous activity for the first 24 hours as this may increase bleeding from the extraction site.
- A small amount of oozing is normal; however, if bleeding becomes heavy have your child bite on a gauze or tea bag for 15 minutes.
- If bleeding continues or is not controlled, call our office immediately.
- Remember that your child's cheek, lips, and tongue may be numb for approximately 2-4 hours after the procedure.
- Avoid sippy cups, bottles, straws, and pacifiers for the first 24 hours after the procedure. The sucking action may cause prolonged bleeding.
- Avoid salty, spicy, acidic, or crunchy foods for the first 24 hours as this may irritate the extraction site. Cold and/or soft foods are a great choice (i.e. ice cream, applesauce, mac and cheese, etc.)